



How to Practice

The Ultimate Amazing Super-Secret Guide to Being TOTALLY AWESOME at Your Instrument and Unlocking the Mysteries of the Universe

1

Fundamentals

Always start by working on some fundamentals. This should include **SCALES FOR ALL INSTRUMENT!**

2

Playing Assignments

Follow fundamentals with any specific assignments you need to record and submit

3

Band/Lesson Music

Work on any additional music from band class or lessons. This might include concert music, solos, etc.

4

Extra Stuff

Take a look at any optional bonus work, find a fun song on YouTube, perform something for your family (or your pet)

Practice Strategies

- Be **GOAL ORIENTED!** Make a plan and have a purpose for what you are going to work on.
- Break music down into small chunks. Sometimes just one measure, or even **ONE NOTE** at a time!
- Go **VERY SLOWLY!** Practice at a speed that you can play things correctly at. If you go too fast, you might build a bad habit.
- Work on the hardest spots first
- Isolate just the spots you need to work on. You may not need to play through an entire piece or exercise.
- Note name and fingers
- Air and fingers
- Count through a measure/exercise
- Write in counts
- Write in accidentals
- Find a recording of the song on YouTube
- Record yourself and listen back to yourself



Three Practical Parts to Perfect Practice

Practice Regularly



You do not need to play for hour and hours every day. Just a little bit of time, a few days a week and you will make lots of progress.

Follow the Process



"You have to break it down, you have to slow it down, so you can throw it down!"

Use a Metronome/Tuner



You can download a tuner APP (such as TE Tuner). There is also a free metronome built into Google!